



SELF-DEFENSE WORKSHOP FOR HEALTHCARE WORKERS



WHERE?

Legion American
Jiu-Jitsu
7550 Miramar Road
CA 92123



WHEN?

Saturday
June 6th
2-4pm



WHO IS IT FOR?

All health care workers,
including nurses, doctors,
EMTs, security guards etc.
No martial arts experience
needed.

DID YOU KNOW?

Despite making up only about 10% of the US workforce, healthcare professionals experience 48% of all recorded non-fatal injuries from workplace violence? This workshop is designed to help you protect yourself from this worrying trend.

WHO'S TEACHING?

Pablo Perez - World Champion, Fundamentals instructor, former hospital security guard

Paige Clymer - black belt, multiple-time jiu-jitsu World Champion

Miha Perhavec - judo & jiu-jitsu black belt, author of Legion's Beginner Course

FIND OUT MORE!

Scan the code to get all of the remaining information and to register for one of the limited spots! Only 50 spots are available!!!

